

BIBLE READING AND PRAYER INVENTORY

Please respond as candidly and objectively as possible to the follow questions. Unless indicated otherwise, select only one answer to each question.

The Bible

1. Other than in a church service or Bible study group, how often do you normally read the Bible each week?

_____ 1-2 days a week

_____ 3-4 days a week

_____ 4-6 days a week

_____ daily

2. On average, how much time do you usually spend when you read the Bible?

_____ 1-5 minutes

_____ 6-10 minutes

_____ 10-15 minutes

_____ 15-20 minutes

_____ 20-30 minutes

_____ 30-45 minutes

_____ 45-60 minutes

3. What approach do you *mainly* take in your Bible reading?

_____ devotional reading

_____ study

_____ meditation

4. In what manner do you typically go about reading the Bible?

_____ random verses

_____ random chapter or section

_____ random books of the Bible

_____ read through the Bible in a year

_____ mostly Psalms/Proverbs

_____ mostly the New Testament

5. What reason most motivates you to read the Bible?

_____ it is my duty as a Christian

_____ to find inspiration/encouragement

_____ to learn more about God and the Faith

6. Overall, which word or phrase best describes how you usually feel during/after reading the Bible?

_____ bored

_____ inspired

_____ confused

_____ enlightened

_____ guilty

_____ encouraged

_____ closer to God _____ distant from God

7. In general, how well would you say that you know the content of the Bible?

(less) 1 2 3 4 5 6 7 8 9 10 (more)

8. How important has the Bible been in your growth as a Christian?

_____ very important _____ moderately important

_____ somewhat important _____ not very important

9. What is your level of commitment to Bible reading (or study or meditation) at this time?

(less) 1 2 3 4 5 6 7 8 9 10 (more)

Prayer

10. Other than at meal times, how often do you pray?

_____ more than once each day _____ once a day

_____ a few times a week _____ once or twice a week

11. On average, how much time do you usually spend when you pray?

_____ 1-5 minutes _____ 6-10 minutes

_____ 10-15 minutes _____ 15-20 minutes

_____ 20-30 minutes _____ 30-45 minutes

_____ 45-60 minutes _____ _____

12. In the last six months my prayers have *mainly* related to:

_____ health & safety _____ personal finances and/or work

_____ relationships _____ general strength

_____ comforting the bereaved _____ pets/environmental concerns

_____ God's forgiveness _____ God's guidance

_____ lost souls _____ victims of tragedies

_____ world crises/concerns _____ the president/world leaders

_____ stronger faith _____ giving thanks

13. When your prayers relate to health, what kinds of things do you pray about?

_____ help with specific diseases like cancer, chronic pain, etc.

_____ mental health or depression _____ addiction

_____ accidents _____ birth defects

_____ fertility _____ pet illness

14. I most often pray for:

_____ myself _____ friends

_____ family _____ strangers

15. The most important purpose of prayer is:

_____ to improve your own life _____ to help others

_____ to express your intentions _____ intimacy with God

_____ to seek God's guidance _____ to thank God for your blessings

16. Are your prayers answered?

_____ never _____ rarely _____ sometimes _____ often _____ always

17. When your prayers don't come true, you believe the most important reason is:

_____ God is punishing you

_____ it's not in God's plan

_____ God helps those who help themselves

_____ God does not respond to specific prayers

_____ your faith is not strong enough

18. Where do you pray most often?

_____ at a house of worship _____ at home

_____ while driving/traveling _____ in nature

_____ at work _____ via the internet/online prayer circles

19. The words I use are:

based on sacred texts/written prayers

my own words

a mix

20. When you pray do you: *(check all that apply)*

light candles use beads or other objects

kneel chant

say prayers out loud say prayers silently

use the internet

21. In the past six months, have other people prayed for you? *(check all that apply)*

yes – friends and family

yes – a pastor or other leader of your worship community

yes – someone who I know to be a “prayer warrior”

yes – someone I don’t know well or at all

no – not that I am aware of

22. If someone prayed for you, did you feel as if it helped?

yes

no

not sure