

CHAPTER 8 – THE PRACTICE OF PRAYER

GROUP DISCUSSION QUESTIONS

1. What are some ways to define Christian prayer?

2. From what you know about God, how do you think he views prayer? Why does he want to be in communication with you?

3. Do you think it is easier for a child or an adult to pray to God? Elaborate on your answer.

4. Do you find prayer to be a burdensome duty or a delight? Elaborate on your answer.

5. Do you pray with the expectation that God will answer your prayers? Why or why not?

6. What have you found to be the biggest hindrances to your prayer life? What strategies might help you overcome those prayer “bumps”?

7. What have you found to be the greatest encouragements to your prayer life? How can you put yourself in a position daily to receive those prayer strengtheners?

8. How can you use the Lord’s Prayer as an outline for prayer? What are the major components of a healthy prayer life?

9. What are some practical steps that you can take to build a deeper daily prayer life?

10. Describe some different ways that you can pray during a normal day.
