



## How God's Word Guides My Day

*Testimony by Lillian Banice Makau*



Spending time in the Bible helps me to hear from God and find direction for each day. God's Word has been a great source of encouragement to me as a child of God and a Christian. I get daily affirmations from different verses in the Bible which I have memorized and keep saying at the start of the day and during the day. My favorite is Philippians 4:13 which says, "I can do all things through Christ who gives me strength."

### **God's Strength for Each Day**

When reading the Bible especially during my quiet time, I have taken notice that God speaks to me in different tones depending on the season. When God is speaking to my heart and mind, I am able to recognize that God is either rebuking, reproofing or instructing me through His Word about something in my life. If I fail to act

upon what He says, my heart is normally troubled till I heed to His word.

Different Bible stories give me comfort in the Lord. From my Sunday school days up to today I like reading and re-reading Bible stories. I find it a good way to stay connected to God besides being interesting. In my rough life experiences, I find myself recalling lessons from these stories which give me hope and faith that God is with me in it all.

Jesus taught us how to pray, and I am still learning how to pray through reading God's Word. Sometimes I pray to God through the prayers written in the Bible by different authors like Nehemiah. The Bible has helped me understand the Word of God in such a way that I find myself thinking about and quoting the Bible regularly.